

**Introduced by Senators Margett, Ackerman, Alpert, Costa,
Karnette, and Machado**

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February 8, 2002

Senate Concurrent Resolution No. 63—Relative to Random Acts of
Kindness Week.

LEGISLATIVE COUNSEL'S DIGEST

SCR 63, as introduced, Margett. Random Acts of Kindness Week.

This measure would recognize the week of February 11 through
February 17, 2002, as Random Acts of Kindness Week and would urge
the public to observe this week with appropriate activities.

Fiscal committee: no.

1 WHEREAS, Random acts of kindness are the tender and
2 compassionate things that we do for no reason except for the joy
3 of doing the kind act itself; and

4 WHEREAS, In 1982, an individual named Ann Herbert penned
5 a very special phrase, “Practice random acts of kindness and
6 senseless acts of beauty”; and

7 WHEREAS, “Random Acts of Kindness Week” is a way to
8 counteract random acts of violence; and

9 WHEREAS, Since the first Random Acts of Kindness Week in
10 February 1995, the nonprofit Random Acts of Kindness
11 Foundation has been formed, which orchestrates the annual
12 awareness campaign each February; and

1 WHEREAS, Random acts of kindness by individuals contribute
2 to the good health of our community and diminish the effect of
3 diseases and disorders, both psychological and physical; and

4 WHEREAS, The reduction in stress in our daily lives is vital to
5 improving our health and helping others through random acts of
6 kindness can reverse feelings of depression, hostility, and
7 isolation; now, therefore, be it

8 *Resolved by the Senate of the State of California, the Assembly*
9 *thereof concurring,* That the week of February 11 through
10 February 17, 2002, shall be recognized as Random Acts of
11 Kindness Week, and that the public be urged to observe this week
12 with appropriate individual or group activities; and be it further

13 *Resolved,* That the Secretary of the Senate transmit copies of
14 this resolution to the author for appropriate distribution.

